



# Aquathlon

## 2014 RULES

V1 29 3 14

### Team Requirements

- There will be two age groups:
  - i) School Years 7 & 8
  - ii) School Years 9 & 10N.B. younger athletes cannot participate in an older age group
- Each team shall consist of 4 athletes per age group: 2 boys and 2 girls.
- Each Local Authority area must provide a pool lane counter.
- Team members must wear their team swimming hat during the swimming element and their Devon Games to Inspire T-shirt during the running element. (Hats will be provided).
- Athletes must have their T-shirt on before they leave the swimming pool surround. These T-shirts can be cut to fit, as long as the logos can still be seen.
- Team members must wear their competitor number on the front of their Devon Games to Inspire T-shirt during the running element. (Numbers and safety pins will be provided).

### Team Eligibility

- Athletes must not be part of the Triathlon World Class Start or Potential Programmes in the 12 months prior to 31<sup>st</sup> March 2014.
- Athletes must not have been part of the South West Triathlon Regional Talent Academy in the 12 months prior to 31<sup>st</sup> March 2014.
- Athletes must not have represented the South West at the inter-regional Triathlon Championships in the 12 months prior to 31<sup>st</sup> March 2014.
- Athletes must not have competed at County level or above in any running disciplines in the 12 months prior to 31 March 2014 (This includes sprinting, hurdles, middle distance, long distance or x-country).
- Athletes must not have represented Devon for swimming at the National County Team Championships in the 12 months prior to 31<sup>st</sup> March 2014.
- Any swimmer who was eligible to compete in this year's County Championships (therefore hold a county swim time in the 12 months prior to 31<sup>st</sup> March 2014) is ineligible to compete in the Devon Games to Inspire 2014.
- For county qualifying times please see Devon County ASA 2014 Qualifying times (attached) and cap the entries by 1 second below the attached County times.  
*e.g. 12 yr boy 22.59 minutes 1500 Free - one second below the County qualifying time.*
- Participants must not have represented Surf life Saving GB at international competition or be a member of the Life Saving sport GB selection Squad prior to March 2014.
- Participants must not have represented an 'A team' at the Intercounty surf life saving competition prior to 31<sup>st</sup> of August 2013. Any participants who have represented the B or C teams are eligible to compete.

- Team selection process: Can be from a club, a school or Local Authority area trial.

### Competition Format

- The event will consist of each team member completing a swim followed directly by a run. The distances for the swim and run are determined according to each age group:

Age Group	Swim	Run
School Years 7 & 8	200m Swim (8 x 25m lengths)	Approx 1.8 km - 2.0 km
School Years 9 & 10	300m Swim (12 x 25m lengths)	Approx 2.5 km

(The run route distances will depend on the site-specific final route)

- Team scoring: The finishing position of each team member (2 boys/2 girls) will be added together and the team with the lowest score will win, (E.g. if one athlete finishes 2<sup>nd</sup> they will score 2, if the second athlete finishes 10<sup>th</sup> they will get 10 points, they will then have a total of 12 points). Those teams that are incomplete will be given a score for each missing athlete. (see Scoring Table)
- The event will consist of 4 'waves' determined by age group and sex (see 'Wave' table)
- Medals will be awarded to the top three individuals in each age and gender category for the overall event (Not for each individual event).
- Team medals will be awarded to the top three teams from each age category for the overall event (Not for each individual event).

### Wave Table

Wave	Age group and sex
1	School Years 7 & 8 – Boys
2	School Years 7 & 8 – Girls
3	School Years 9 & 10 – Boys
4	School Years 9 & 10 - Girls

### Scoring Table

Finishing Place	Number of Points Scored
1 <sup>st</sup>	1
2 <sup>nd</sup>	2
3 <sup>rd</sup>	3
4 <sup>th</sup>	4
5 <sup>th</sup>	5
6 <sup>th</sup>	6
7 <sup>th</sup>	7
8 <sup>th</sup>	8
9 <sup>th</sup>	9
10 <sup>th</sup>	10
11 <sup>th</sup>	11

12 <sup>th</sup>	12
13 <sup>th</sup>	13
14 <sup>th</sup>	14
15 <sup>th</sup>	15
16 <sup>th</sup>	16

Missing athletes will score according to the number of participating athletes in each wave, i.e. if 9 people participate in a wave all missing athletes will score 10 points, if 15 people participate in a wave, missing athlete will score 16 points.

### **Official's Decisions**

- In all matters relating to the competition the Event Co-ordinator's decision shall be final and binding.